

An actual Doula Agreement

In Doula'ing terms each one of these seven represents a baby to be born so to speak. You will need a wife for each of your ideas/babys below – I suggest someone nurturing and close for the role of Midwife, if she agrees. My role as Doula is not to get things going but to come in when you are aware the idea/social enterprise/baby is due and hold the space for your midwife to assist you birth the idea/baby.

Doula agreement sections chosen by DC	PW question	DC answer	Jointly agreed tasks to achieve	Outcome req i.e healthy baby & mother	Mother/Worker	Mentor/ Crone	Midwife	Doula	Timeline	Resources. Doula doesn't provide rather arranges
1 Mutual support	For what, by whom? Ie for your xyz work or, for your relationship with your partner?				DC	??	GT	PW	1mth	DC/GT/PW 10hrs
2.Collaboration	For what, by whom? Ie for your xyz work &/or, for your relationship with your partner?				DC/GT	GT	GT	PW	1mth	DC/GT/PW 10hrs
3. Goal setting	This happens as part of the SP or do you mean in your private life?				DC/GT	GT/PW	GT	PW	2mths	DC 03hrs
4. Encouragement	Of you or By you? & what are you encouraging?				GT/DC	GT	GT	GT	Ongoing	GT 05 hrs
5. Create a +ve working environ	DC needs to be ongoing & needs to be in place ASAP				DC	??	GT	PW	2mths	DC 10hrs
6. Experiencing Doula'ing	DC what is the time line for this		DC to familiarise himself with Dolua'ing via. PW article sent	DC to have successfully run and debriefed his	DC/GT	DC	DC	DC	6mths	DC embedded in above process

			separately. GT can assist here by picking a few key sections.	own Doula'ing process by end of 2016						
7. Strategic Plan (SP). Next Step after your DP	For what, who is involved, what time period? (suggest 3yrs)*				PW/DC	PW	GT	PW	3mth	?????\$or LETS 30hrs

Source: P Wildman and DC and GT V4@20-01-2016 comm. 19-01-2016,

Notes: The **DA (Doula Agreement)** is primarily a relational document that sets the stage for the **SP – Strategic Plan**. For instance you said as you move on from your present location you want to stay in Biochar but move from production to distribution and sales i.e. social enterprise; **Mother/Worker** – someone with an idea and who personally is seeking to birth that idea with their labour and resources. **NB:** the idea is conceived and has gestated. **Mentor** - a wise and trusted counsellor or supporter for instance other trusted and experienced wives/mothers – crone (using the Wiccan Goddess trinity of Maiden, Mother, Crone (wise woman)); **Midwife** - a person who aids in someone producing something new or different; **Doula** – someone who *holds the space* for the midwife to assist the wife birth the child so both are healthy and happy – often this is the mother of the wife. *Holding the space* is a very grounded process and includes managing the resources/household, organising replenishments and transport, cleaning the household from a nurturing, maternal, feminine caring perspective i.e. Oikonomia or Home Economics as per Aristotle, and not from a masculinist or economic rationalist perspective i.e. it is part of the care/gift economy and beyond mere financial transactions. The above is like a feminine strategic plan and is clearly done as a ‘socio-technical’ system with the emphasis on the ‘social’ rather than the ‘technological’.

..... DC /01/2016 GT /01/2016 PW /01/2016

Source: as referenced, compiled and written by Paul Wildman paul@kalgrove.com V5 07-04-2016. comm. 15-12-2015

Outcomes from my review of the DP:

- 1 Collaborative Network not evident after a decade that is we cant get the whole of DC’s system in the room at any one time for a SP effort and again the xyz value chain is not represented nor is the consumer (the most important link therein).
 - 2 It may well be preferable to focus on one aspect of xyz and seek to establish that as say a social enterprise as the whole xyz value chain/product/process/system, is too complex and is not well represented from a social network perspective in DC’s DA although the technical aspects of making product xyz is (discomforting balance)
 - 3 Assistance from DC’s midwife (the term from this model) is utterly crucial to the overall success of the existing xyz product and thus the proposed ‘social enterprise’
 - 4 It is important to work on these three Social relationship arenas prior to undertaking a SP and thus seeking to do the Technical aspects of a SP
 - 5 This analysis is based on Fred Emery’s (1993) identification of Technical (SP) and SocioTechnical (DA) systems.
- Emery, F. (1993). *Participative Design for Participative Democracy*. Canberra, Australian National University.